

FOOTBALL DRESS CODE

Dress Code: Please note that for safety and uniformity, it is imperative that players adhere to the appropriate dress code. Any player who is not dressed in the proper attire will forfeit their chance to participate and will receive an unexcused absence.

Apparel During Pre-conditioning and Practice: Each player will receive a Saints "Spirit Pack" to be worn at all conditioning practices. Only Saints colors are allowed. All other apparel guidelines apply during the conditioning schedule. **All players must wear Saints apparel or team colors only! Acceptable options include navy shorts and white shirts, with or without the Saints or CCHS logo. No other logos or prints are permitted. NO EXCEPTIONS!**

Practice Guidelines:

- Shirts must be tucked in during Saints' events or practices when required.
- Shorts must be navy only. Shirts must be white only.
- All shirts and shorts should be free of rips, tears, and cuts.
- Football players are not permitted to wear tank tops.
- No sagging pants or shorts, and shorts should not be longer than below the knees.
- Cleats must be primarily black and may have white, grey, or silver accent colors.
- Socks must be navy on game days.
- Socks must be navy, black, or white for practice. No other colors allowed.
- Mouthpieces must be navy. No other colors allowed.
- Chin straps must be navy. No other colors allowed.
- Cleat covers must be black. **NO EXCEPTIONS!**
- No jewelry, except for medical I.D. tags, may be worn during practice or games.
- No unnatural hair dye or bleaching, nor unnatural-colored hairpieces, are allowed.
- No special piercings are allowed.

Practice Only: Black, grey, navy, and white sweatpants and undershirts are allowed.

Game Day Only: Navy blue compression undershirts are allowed.





